



## Marrakech wellbeing weekend

**Escape the cold with some marvellous yoga and Moroccan sunshine this January**

Jet off to enjoy Morocco's guaranteed sunshine (it's just 3.5 hours away from London) for a January wellbeing weekend in magical Marrakech. Satvada Retreats is again hosting one of its wellbeing weekends in the vibrant Moroccan city, suitable for all levels (complete beginners welcome!), where you'll stay at one of the city's stylish Riads.

The Chelmsford-based company's popular Wellbeing Weekends are limited to a maximum of 10 guests, promoting a friendly, relaxed atmosphere. A chance to restore body and soul in the midst of winter, they're also a nice 'taster weekend' if you fancy signing up to one of Satvada's longer retreats later in the year.

And if you've never been to Morocco before, it's all made easy for you. Apart from flights, everything is arranged for you: easy airport transfers, delicious food, restoring yoga and meditation.

**Jan 29 to Feb 1, 2016**

**From £499pp based on double/twin occupancy**

**[satvada-retreats.co.uk](http://satvada-retreats.co.uk)**

